

# HOW TO USE YOUR PRE REPORT TO BOOST YOUR PROGRAM

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EXPERIENCES





# AGENDA


- \* What are Experiences?
- \* Practice
- \* Call to Action





## WHAT IS THE GOAL OF THE PRE REPORT?

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Reflect on where your young people are in their learning journey and what strategies you might use to boost their growth.

**The Pre report is NOT a reflection of your program's curriculum.**





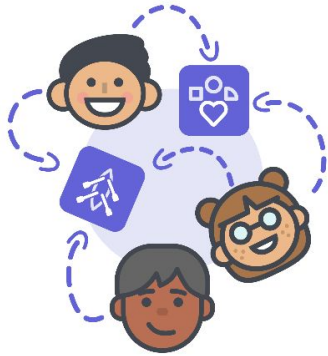
# WHAT ARE EXPERIENCES?

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# EXPERIENCES IN YOUR PROGRAM



## POSITIVE YOUTH DEVELOPMENT

Research-Based Experiences



## SOCIAL AND EMOTIONAL LEARNING

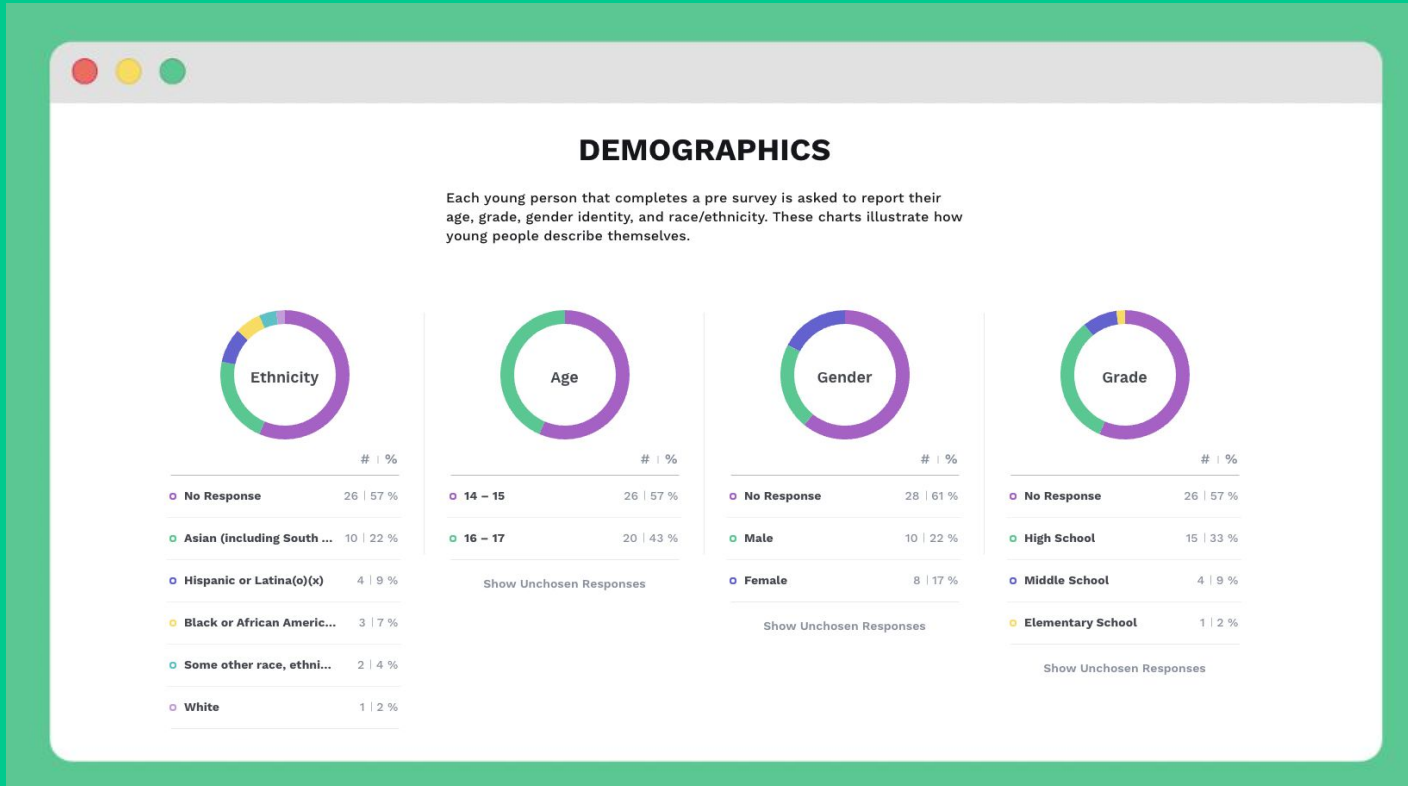
Short-Term Outcomes



## YOUNG PEOPLE THRIVING

Long-Term Outcomes

# WHAT WORKS BEST FOR EACH GROUP?



# WHAT IS POTENTIAL FOR IMPACT?

The screenshot shows a web application interface. On the left is a sidebar with a 'Core SEL' section. Under 'FOUNDATIONAL', 'ENGAGE AUTHENTICALLY' is highlighted with a score of 10/10 and the label 'POTENTIAL FOR IMPACT'. Other items include 'PROMOTE PEER BONDS' (9/10) and 'FORTIFYING' (8/10). Under 'FORTIFYING', 'EXPAND INTERESTS' (8/10), 'CHALLENGE GROWTH' (4/10), 'SHARE POWER' (3/10), and 'MANAGE GOALS' (3/10) are listed. The main content area is titled 'Engage Authentically' and includes buttons for 'Reflection Guide' and 'Resources'. Below this is an 'ABOUT' section with a paragraph: 'Engage Authentically is a young person's experience with an adult who takes the time to get to know them by listening and understanding who they are — their cultural and lived experiences, their interests, and their passions. Engaging authentically involves placing young people's personal stories at the center of the program's work and ensuring that they feel valued, heard, and cared for by adults. This is a Foundational Experience for young people, or one that lays the groundwork for all of the others in Hello Insight's logic model.' A 'RESEARCH-BASED PRACTICES' section follows with the text: 'Carve out time in your day to learn about and listen to young people. Young people need to feel they are heard and understood. Use informal'.

A **ranking**, with scores ranging from 3 to 10.

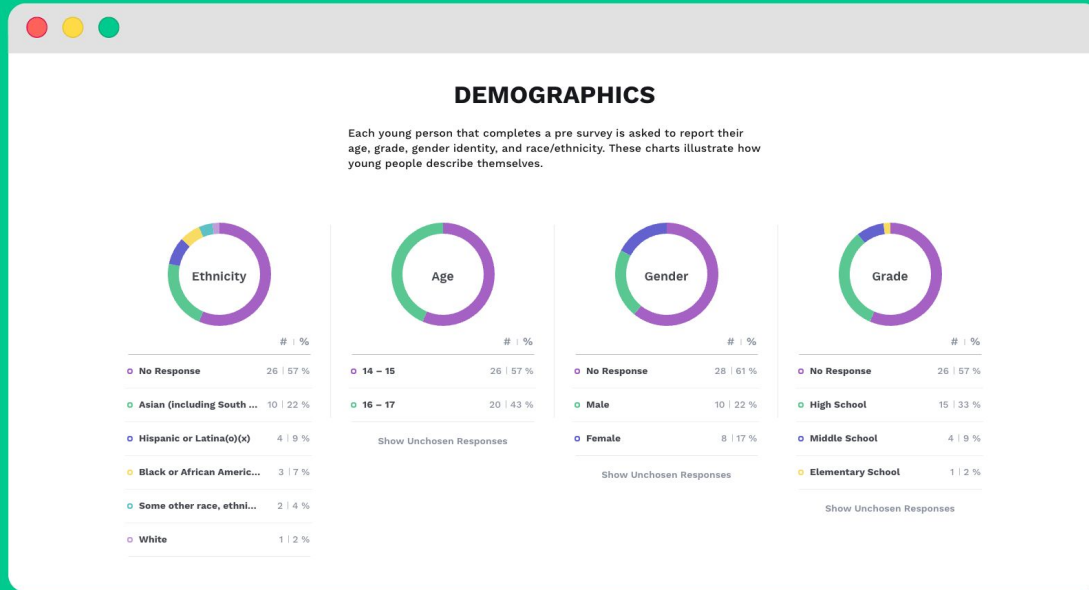
# WHAT IS POTENTIAL FOR IMPACT?

The screenshot shows a web application interface. On the left is a sidebar with a 'Core SEL' section. Under 'FOUNDATIONAL', 'ENGAGE AUTHENTICALLY' is highlighted with a score of 10/10 and the label 'POTENTIAL FOR IMPACT'. Other items include 'PROMOTE PEER BONDS' (9/10) and 'FORTIFYING' (8/10). Under 'FORTIFYING', 'EXPAND INTERESTS' (8/10), 'CHALLENGE GROWTH' (4/10), 'SHARE POWER' (3/10), and 'MANAGE GOALS' (3/10) are listed. The main content area is titled 'Engage Authentically' and includes buttons for 'Reflection Guide' and 'Resources'. It has sections for 'ABOUT' and 'RESEARCH-BASED PRACTICES'. The 'ABOUT' section contains a paragraph: 'Engage Authentically is a young person's experience with an adult who takes the time to get to know them by listening and understanding who they are — their cultural and lived experiences, their interests, and their passions. Engaging authentically involves placing young people's personal stories at the center of the program's work and ensuring that they feel valued, heard, and cared for by adults. This is a Foundational Experience for young people, or one that lays the groundwork for all of the others in Hello Insight's logic model.' The 'RESEARCH-BASED PRACTICES' section contains two lines of text: 'Carve out time in your day to learn about and listen to young people.' and 'Young people need to feel they are heard and understood. Use informal'.

Higher scores indicate a **stronger influence** on SEL success for your group of young people.



# WHAT IS POTENTIAL FOR IMPACT?



Scores are based on the **demographic composition** at group, site, or program level.

# WHAT IS POTENTIAL FOR IMPACT?

The screenshot shows a web application interface. On the left is a sidebar with a 'Core SEL' section containing several items: 'FOUNDATIONAL' with 'ENGAGE AUTHENTICALLY' (10/10, Potential for Impact), 'PROMOTE PEER BONDS' (9/10), 'FORTIFYING' with 'EXPAND INTERESTS' (8/10), 'CHALLENGE GROWTH' (4/10), 'SHARE POWER' (3/10), and 'MANAGE GOALS' (3/10). The main content area is titled 'Engage Authentically' and includes a 'Reflection Guide' button and a 'Resources' button. Below this is an 'ABOUT' section with a paragraph: 'Engage Authentically is a young person's experience with an adult who takes the time to get to know them by listening and understanding who they are — their cultural and lived experiences, their interests, and their passions. Engaging authentically involves placing young people's personal stories at the center of the program's work and ensuring that they feel valued, heard, and cared for by adults. This is a Foundational Experience for young people, or one that lays the groundwork for all of the others in Hello Insight's logic model.' At the bottom is a 'RESEARCH-BASED PRACTICES' section with the text: 'Carve out time in your day to learn about and listen to young people. Young people need to feel they are heard and understood. Use informal'.

Insights to plan strategies, professional development, and support.

# WHAT IS POTENTIAL FOR IMPACT?

The screenshot shows a web interface for 'Challenge Growth'. On the left is a sidebar with a 'Core SEL' section containing several categories with progress indicators:

- FOUNDATIONAL**
  - ENGAGE AUTHENTICALLY: 10/10
  - PROMOTE PEER BONDS: 9/10
- FORTIFYING**
  - EXPAND INTERESTS: 8/10
- CHALLENGE GROWTH**
  - CHALLENGE GROWTH: 4/10 POTENTIAL FOR IMPACT
- SHARE POWER**
  - SHARE POWER: 3/10
- MANAGE GOALS**
  - MANAGE GOALS: 3/10

The main content area is titled 'Challenge Growth' and includes a 'Reflection Guide' and 'Resources' button. Below this is an 'ABOUT' section with the following text:

Challenge Growth is a young person's experience with an adult who encourages them to take risks and perform beyond their own expectations. Challenging growth involves four actions: 1) Staff expect young people to do their best and to live up to their potential; 2) They stretch and encourage young people to go further than they imagine; 3) Staff support young people to reflect on failures and to learn from mistakes; and, 4) They hold young people accountable by supporting them to take responsibility for their actions.

Below the 'ABOUT' section is a 'RESEARCH-BASED PRACTICES' section with the text: 'Express often to young people that you expect them to try hard and do their best.'

What these scores **DO NOT** tell you:

Whether your curriculum is good or successful

What your practice looks like **RIGHT NOW**

**QUESTIONS?**

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# PRACTICE

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# INDIVIDUAL REFLECTION

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## 1. Open a Pre report

If you don't have access to your organization's account or you have not started data collection, we'll share a link to a fake report.

### Pre Report

## 2. Reflect on Engage Authentically practices

Pick one of the research-based practices. We'll use a padlet to share our individual thoughts. Reflect and write for 5 min.

### Reflect



A woman with long dark hair and glasses is standing in a meeting room, pointing towards a wall covered in sticky notes. She is wearing a white t-shirt. Several other people are seated around a table in the foreground, looking towards her. The room has large windows on the left and a white wall with many sticky notes. The entire image has a green tint.

# SHARING

In the chat or on the mic.

# CALL TO ACTION

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## 1. **Reflect with a colleague**

Share your thoughts about the Experience and practice you reflected on today. Ask them what they think your organization could do to integrate or improve the implementation of this practice.

## 2. **Update the padlet**

We want to hear from your progress using the Experiences section in the Pre report! Update the padlet with any thoughts that came up while reflecting with your colleague. We'll use your updates to plan for future Practice & Progress Sessions.

